

Aboriginal and Torres Strait Islander Reproductive and Sexual Health

True's Approach

True has worked with individuals, families, community groups, organisations and agencies across Queensland for over 40 years. True's approach to project management, health and education celebrates diversity of relationships, families, and kindship systems.

Commitment

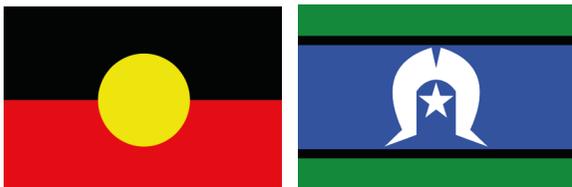
Within True's Aboriginal and Torres Strait Islander health projects we seek to embed cultural frameworks and to respect and maintain cultural safety. Our work aims to increase reproductive and sexual health outcomes for Aboriginal and Torres Strait Islander populations, including those who identify as LGBTIQAP+ Sistergirl and Brotherboy.

Collaborative Partnerships

An advisory group of Aboriginal and Torres Strait Islander Reproductive and Sexual Health practitioners informs True's product design, project work and community engagement.

True has established partnerships with Aboriginal and Torres Strait Islander Controlled Organisations and community led initiatives. True collaborates on various education, health and community projects and undertakes auspice agreements.

Conversations on potential partnerships are welcome.



Contact us

Queensland wide

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For more information, please visit
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Aboriginal & Torres Strait Islander Reproductive and Sexual Health

Cultural Frameworks, Health
Literacy, Equity and Access



Artwork by Caroline Cox
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What we offer

Reproductive and Sexual Health Literacy

Community health literacy projects seek to increase reproductive and sexual health literacy for Aboriginal and Torres Strait Islander populations in urban, regional and remote areas of Queensland.

Embedding cultural frameworks alongside increasing health literacy, contributes to increased health equity and service accessibility.

Community leadership approaches to forums and yarning circles build safe spaces that values existing knowledge, increase access to education, and address myths and misconceptions.

Peer support networks are enabled to activate community led approaches to enhancing health literacy and health equity.

Evaluation, Research and Program Design

Evaluation and research methods are designed and implemented within cultural frameworks. Participatory action approaches can be co-facilitated within communities.

Formal partnerships with tertiary education institutions can be engaged to produce academic publications.

Inquiry findings can be used to co-design new program design and proposals.

Project Management and Consultancy

Aboriginal and Torres Strait Islander project management and consultancy services offer policy advice, community consultation, program delivery and education.

Themes may include:

- cultural frameworks
- community engagement
- LGBTIQAP+ Sistergirl and Brotherboy health
- women's health
- men's health
- youth leadership
- suicide prevention
- family violence prevention
- child sexual abuse prevention

Professional Development

Professional development can be tailored for individuals, small groups, and whole staff presentations.

One-on-one or small group training may offer policy advice and consultation, practical sessions, skills sharing and knowledge exchange.

Large group training involves education delivery with content tailored to suit the organisational needs.

